LUXMED

...., ...

..... (place) (date)

(employer's name)

Medical examination referral

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The information necessary to arrange examinations can be found on the referral.

We refer for the following examination:

☐ preliminary ☐ periodic ☐ follow-up

Acting pursuant to Art. 229 Sect. 4a of the Act of June 26 1974, the Labour Code (i.e. (Journal of Laws of 2016, item 1666, as amended), the following person is being referred to a medical examination:

Mr/Ms* .....

Personal ID No** (PESEL) .....

residing at* .....

.....

employed* or starting* work at the following post/s: .....

.....

work*** post(s)* description .....

.....

.....

.....

Description of working conditions regarding the presence of dangerous factors, factors detrimental to health at work place/s or inconvenient circumstances as well as others resulting from the manner of work performance, indicating the scope of exposure and current study data and measurement of harmful factors performed at this post(s) — the name of the factor/s and the scope of exposure must be also provided****:

I. Physical factors:

☐ noise	results .....
☐ ultrasound treatment	results .....
☐ local vibration	results .....
☐ general vibration	results .....
☐ ionising radiation, cat. A	results .....
☐ ionising radiation, cat. B	results .....
☐ electromagnetic field and radiation	results .....
☐ ultraviolet radiation	results .....
☐ infrared radiation	results .....
☐ laser radiation	results .....
☐ hot microclimate	results .....
☐ cold microclimate	results .....
☐ increased or decreased atmospheric pressure	

II. Dust:

☐ what type	results .....
☐ what type	results .....
☐ what type	results .....

III. Chemical factors:

☐ what type	results .....
☐ what type	results .....
☐ what type	results .....
☐ what type	results .....
☐ what type	results .....
☐ what type	results .....

IV. Biological factors:

Hepatitis-B virus (HBV) Hepatitis-C virus (HCV) Human immunodeficiency virus (HIV)

Bacilli of Brucella abortus bovis .....

Thermophilic actinomycetes, mould and other allergenic fungi .....

Tubercle bacillus .....

Tick-borne encephalitis virus .....

Borrelia burgdorferi .....

Other .....

V. Other factors including dangerous ones:

adverse psychosocial factors

permanent large input of data and readiness for response decision-making position and position of responsibilities

life endangerment monotonous work

risk associated with work organisation type: .....

car driving as part of a job, cat. .....

operation of a forklift with a mechanism for lifting goods up to 1.6 m above 1.6 m

work related to the operation of machines, devices and moving vehicles off public roads (e.g. backhoe loaders), type .....

privileged vehicle driver, cat. ..... Note for an employer Note for the Communication Department

car driver, cat. Note for an employer Note for the Communication Department

operation of screen monitors working time.....

work related to gun possession

works requiring psychomotor skills type .....

work on heights up to 3 metres above 3 metres work on masts/towers

work in trenches (pits, ditches) up to 3 metres above 3 metres

shift work night duty .....

physical work with energy expenditure

female: up to 1,000 kcal above 1,000 kcal; male: up to 1,500 kcal above 1,500 kcal

work in a forced position work that requires monotypic limb movements

work requiring a constant and long-lasting vocal strain

other .....

Total number of dangerous, harmful factors or inconvenient conditions as well as other circumstances resulting from the manner of work performance indicated on the referral:

.....

(employer's signature)

Explanatory notes:

* Cross out the unnecessary item.

** If the person has no Personal ID No (PESEL), please provide series, number and name of another identity document, and if the person starts work — their date of birth.

*** Provide the details: type of work, basic activities and the manners and time of performance.

**** Description of working conditions particularly in compliance with the following provisions:

1) Issued on the basis of:

a) Art. 222 Sect. 3 of 26 June 1974 Act — the Labour Code, concerning the list of chemical substances and their mixtures, factors and technological processes of carcinogenic and mutagenic risks,

b) Art. 222^1 Sect. 3 of 26 June 1974 Act — the Labour Code, concerning the list of hazardous biological factors,

c) Art. 227 Sect. 2 of 26 June 1974 Act — the Labour Code, concerning studies and measurement of factors detrimental to health,

d) Art. 228 Sect. 3 of 26 June 1974 Act — the Labour Code, concerning the list of most essential allowable concentrations and intensity of factors detrimental to health in work environment,

e) Art. 25 point 1 of the Act of 29 November 2000, Atomic Law (i.e. Journal of Laws of 2014, item 1512, as amended) — regarding the dose limits of ionising radiation.

2) Enclosure No 1 to the Regulation of the Minister of Health and Social Welfare of 30 may 1996 on medical examinations of employees, the scope of preventive healthcare for employees and medical certificates issued for the purposes set forth in the Labour Code (Journal of Laws of 2016, item 2067, as amended).

Medical examination referral is issued in two copies and the referred person receives one copy.

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Occupational Medicine Helpline: (22) 33 81 666, Monday to Friday at: 7:00 a.m. – 7:00 p.m.