

Transabdominal gynaecological ultrasound

Information for Patients

Transabdominal gynecological ultrasound is an imaging examination performed to assess the condition and structure of the reproductive organs. Ultrasound waves are used during the examination. Ultrasound is safe and does not involve exposure to ionising radiation. Examinations can be performed in pregnant or breast-feeding women.

How to prepare?

- There is no need for fasting; the examination may be done at any time of the day.
- It is recommended that the patient comes to the examination with a filled urinary bladder. At least an hour before the examination, the patient should drink 1–1.5 litres of still water or weak tea. The patient should not empty the bladder before the ultrasound.

What to bring?

- ID card, original copies of previous diagnostic tests and hospital discharges, if the stay was related to the examination.
- If the patient received a paper medical examination referral or an e-referral code – it should be brought with them.

How is the examination performed?

The doctor applies a clear gel to the head of the device and then moves the probe over the skin surface, assessing the individual structures of the reproductive system on the ultrasound monitor. The examination lasts a dozen or so minutes, and the result in the form of a description is provided immediately after its completion.