

Echocardiography

Information for Patients

Echocardiography is an imaging test that uses ultrasound waves to visualize different parts of the heart and assess the function of the heart chambers and valves. Echocardiography is safe and does not involve exposure to ionizing radiation.

How to prepare?

- No special preparation is required. You do not need to fast, and the test can be done at any time of the day. On the day of the examination, take all your regular medications as usual.

What to bring?

- ID card, originals of previous diagnostic test results, and hospital discharge summaries if the hospital stay was related to the examination (e.g., previous prostate ultrasound results and PSA test results).
- If you received a paper referral or an e-referral code for the test, bring it with you.

How is the examination performed?

Before the examination, you will need to undress from the waist up and lie down on your back or side. The doctor will then apply a transparent gel to your chest skin, which helps move the ultrasound probe smoothly and improves image quality. The test lasts about several minutes. It is not painful, but you may feel some mild discomfort due to pressure from the probe.