



Optimal Package

For adults and children
(age 0-70)



The Optimal Package with co-payment was created for individuals **aged 0 to 70**. It offers access to **specialist consultations, laboratory tests**, and selected **imaging examinations**. The package also includes nursing procedures, **outpatient treatments, and vaccinations**.

Payment options	Amount of instalment
Payment in 12 instalment (monthly)	210,00 PLN
Payment in 4 instalments (every 3 months)	611,00 PLN
Payment in 2 instalments (every 6 months)	1197,00 PLN
Lump payment	2268,00 PLN
Monthly rate in a case of annual payment	189,00 PLN

The contract is concluded for 12 months

Optimal Package with co-payment:

Scope of medical care	
Medical Helpline	•
Online Consultations	•
Healthcare specialists consultations - with co-payment	•
Healthcare specialists consultations (20 for adults, 14 for children) -with co-payment	•
On-duty physician consultations	•
Consultations of mental health and speech development specialists - limited	•
Influenza and tetanus vaccinations	•
Nursing procedures	•
Outpatients procedures (44)- with co-payment	•
Laboratory test panel (no referral needed)	•
Laboratory and imaging diagnostics (352)- with co-payment	•
Allergy tests	•
10% discount on other services offered by LUX MED and Medycyna Rodzinna	•
10% discount on medical procedures provided in PROFEMED	•
Access to LUX MED Group's (LUX MED and Medycyna Rodzinna) own facilities listed at www.luxmed.pl	•
Nationwide network of partner facilities listed at http://www.luxmed.pl/placowkiwspolpracujace	•

* The detailed list of services which are the part of the Package is defined in Detailed definitions of services.
The presented table is only a dictionary of services available in the Package.

Detailed definitions of the services



Medical Helpline

Medical Helpline is a healthcare service provided in situations requiring urgent assistance. This service includes the possibility of using Medical Helpline serviced by medical specialists (doctors, nurses) in the fields of internal medicine, family medicine, paediatrics and nursing, using the LUX MED Group 24/7 nationwide infoline. In medically justified cases, a medical specialist may refer the Entitled Person to an in-person consultation with a doctor, decide to call an ambulance, or refer him/her for urgent admission to the Hospital Emergency Department.

During the Medical Helpline consultation, no e-prescriptions to vaccines, drugs with potent effects, medications that carry the possibility of addiction, postcoital contraception (emergency contraception) or referrals are made for studies involving the use of ionizing radiation and referrals to biopsies, endoscopy and exercise tests. The provision of services in the form of Medical Helpline consultation is carried out exclusively for the benefit of the person who is indicated as a Person entitled to Health Services for the Medical Helpline on the basis of the concluded Agreement. The Entitled Person may not provide the service in the form of Medical Helpline to another person and bears full civil and criminal liability for ensuring that the data he/she provides are genuine. Medical Helpline service does not replace emergency services in a state of medical emergency. Medical Helpline does not replace in-person consultations because no direct examinations can be performed. The final decision to issue an e-prescription/e-sick leave during a Medical Helpline consultation is at the discretion of the Physician who may refuse to issue an e-prescription/e-sick leave, based on medical indications and the Entitled Person's welfare.



Online Consultations

The Online Consultation is a Healthcare service provided by the healthcare organisation LUX MED through IT or communication systems. LUX MED enables the Patients an interactive individual consultation with a medical specialist (doctor, midwife or nurse) via means of distance communication i.e. the Patient Portal. The Patients with full access to the Patient Portal may benefit from Online Consultations. Time accessibility of Online Consultations with a doctor, a midwife and a nurse is a consequence of the schedule of medical specialists

and is visible under "Online Consultation" ("Konsultacje online") tab. The Patient can choose a communication channel: video, audio or text.

Since medical specialists answering questions have access to the medical records of the Patient, in situations of medical necessity, they can order specific tests or refer the Patient to a different specialist. Online Consultation is exclusively available for the Patient who has logged in the Patient Portal and the content of Online Consultation is saved and constitutes a part of the medical documentation of the Patient. Online Consultations include listed below medical specialists consultations which do not require contact with a specialist in person. The service covers Online Consultations in the following scope:

- internal medicine/family medicine (from the age of 18 years)
- pediatrics (under the age of 18 years)
- pediatric nursing
- obstetrics

Note: Online Consultation with a specialist does not replace an outpatient consultation because it does not enable direct examination. In order to use the Online Consultation, the Patient after logging into the account on the Patient Portal in the "Online Consultations" tab sets himself in the queue waiting to use the service. The provision of services in the form of Online Consultations is only for the benefit of a Patient who has concluded the Agreement or who is indicated as a person entitled to Healthcare services under Online Consultations. The Patient cannot make Online Consultation service available to other individuals. The Patient bears full civil and criminal liability for the fact that the data provided are consistent with the facts.

Within the Online Consultations the Patient receives a Healthcare service, and as a part of that service may be issued: a referral for diagnostics, a referral to another specialist for the purpose of obtaining another Telemedicine Advice or a referral to another specialist in order to obtain a Healthcare service as part of an outpatient service, an e-Prescription for drugs for the continuation of chronic treatment, a de novo e-Prescription based on medical records and medical indications arising in the course of a Online Consultation, or a medical certificate for medical indications. In medically justified cases, while carrying out Online Consultation, a medical specialist may refuse to give advice at a distance and refer the Patient to an outpatient consultation with a doctor, a nurse or a midwife. No e-Sick Leaves and referrals for examinations using ionising radiation, biopsies, endoscopic examinations and exercise tests are issued during Online Consultations. The final decision to issue an e-Prescription during Online Consultation is at the discretion of the physician who may refuse to issue an e-Prescription based on medical indications and the Patient's welfare. No e-Prescriptions for vaccines, potent drugs, drugs that can cause addiction and postcoital contraception (emergency contraception) are issued during Online Consultation.



Healthcare specialists consultations – with co-payment

The service provides an opportunity to obtain medical consultations in cases, such as onset of an illness, emergency medical assistance and general medical advice without a referral.

Consultations are available in the following forms:

- in outpatient medical clinics indicated by us – in the form of on-site visits
- via communication systems – in the form of telephone or video consultations
- in Infection Treatment Centres – in the form of on-site visits for Entitled Persons with symptoms of infections, provided in selected Medical facilities indicated by us

Co-payment for each completed consultation (on-site, telephone or on-line) within the scope of the services amounts to PLN 49.

The service includes: medical history taking, physician's advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment and refers to consultations within the following scope:

- Internal medicine
- Paediatrics
- Family doctor

Note: The service Healthcare specialists consultations – basic option does not include consultation of physicians on duty, physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor).



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Consultations are available in the following forms:

- in outpatient medical clinics indicated by us – in the form of on-site visits
- via communication systems – in the form of telephone or video consultations
- in Infection Treatment Centres – in the form of on-site visits for Entitled Persons with symptoms of infections, provided in selected Medical facilities indicated by us

Co-payment for each completed consultation (on-site, telephone or on-line) within the scope of the services amounts to PLN 49.

Specialist consultations include an interview, advice by a specialist along with the basic activities necessary to make the diagnosis, taking the appropriate therapeutic decision and treatment monitoring.

For the:

Patients over 18 years of age – visits without any referral relate to consultations within the following scope:

- allergology
- endocrinology
- cardiology
- general surgery
- gastroenterology
- laryngology
- dermatology
- gynaecology
- nephrology
- diabetology
- haematology
- neurology

- ophthalmology
- oncology
- optometry
- orthopaedics
- pulmonology
- proctology
- rheumatology
- urology

Patients up to 18 years of age – visits without any referral relate to consultations within the following scope:

- surgery
- dermatology
- gynaecology (from the age of 16)
- laryngology
- neurology
- ophthalmology
- orthopaedics

Patients up to 18 years of age – visits require a referral from a physician employed by a Clinic indicated by LUX MED and relate to consultations within the following scope:

- allergology
- gastroenterology
- cardiology
- nephrology
- pulmonology
- rheumatology
- urology

Note: The service Healthcare specialists consultations – option II does not include consultation of physicians on duty, physicians with the degree of “doktor habilitowany” (associate professor) or the scientific title of “profesor” (professor) as well as physicians holding the positions of “docent” (assistant professor), “profesor nadzwyczajny” (associate professor) and “profesor zwyczajny” (full professor). Other consultations are also paid.

On-duty physician consultations– with co-payment

The service includes exclusively basic emergency assistance in a sudden onset of an illness which has occurred within 24 hours preceding the receipt of a consultation request by LUX MED. On-duty doctors are available within the working hours of outpatient Medical Facilities indicated by LUX MED separately, only on the day of reporting it.

Co-payment for each completed consultation (on-site, telephone or on-line) within the scope of the services amounts to PLN 49.

The service does not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended). The service includes: medical history taking, physician's advice and basic procedures necessary for making an initial diagnosis, taking an appropriate therapeutic decision and refers to consultations within the following scope:

- Internal medicine
- Paediatrics
- Family physician



Consultation of mental health and speech development specialists

The service entitles the Patient to attend consultation in outpatient Medical Facilities indicated by LUX MED, within the following scope:

For the:

Patients over 18 years of age –total of 3 consultation within a 12-month term of the agreement) **without a referral** relate to consultations within the following scope:

- psychiatry
- psychology
- sex therapy
- speech therapy

Patients up to 18 years of age – total of 3 consultation within a 12-month term of the agreement **visits without a referral** relate to consultations within the following scope:

- psychiatry
- psychology
- speech therapy

Patients up to 18 years of age – 1 consultation within a 12-month term of the agreement **without a referral** relate to consultations within the following scope:

- psychiatry

Co-payment for each completed consultation (on-site, telephone or on-line) within the scope of the services amounts to PLN 49.

This includes: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The service does not include professor consultations, neuro speech therapy or speech therapy in deaf and hearing-impaired patients or conducting therapy.



Nursing procedures

Services including basic measurements, minor procedures, including diagnostic ones, performed by a nurse or midwife on their own or according to the physician's order, in line with their competences, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

Nursing procedures include:

Outpatient nursing procedures:

- Intravenous injection
- Subcutaneous/intramuscular injection
- Emergency drip administration
- oral medicine administration in emergency cases
- Body temperature measurement (no referral needed)
- Placement/change/removal - small dressing
- Blood drawing
- Blood pressure measurement (no referral needed)
- Height and body weight measurement (no referral needed)
- Office-based midwife service – palpation of the breast

Medical materials and products, such as: dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.



Outpatient procedures– with co-payment

The services including basic measurements and procedures (including the diagnostic ones) not requiring hospitalisation and operating room regimen. Performed in accordance with the competences by a physician or a nurse or an obstetrician during a procedure-specific consultation or beyond the medical consultation, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

Outpatient procedures include:

Outpatient general medical procedures:

- Blood pressure measurement
- Height and body weight measurement
- Non-surgical tick removal

Outpatient surgical procedures:

- Suturing of a wound up to 1,5 cm
- Surgical tick removal
- Non-surgical tick removal
- Placement/change/removal – small dressing (not requiring surgical debridement)
- Removal of another foreign body without incision
- Suture removal in a treatment room after procedures performed in outpatient Medical Facilities indicated by LUX MED
- Suture removal after procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on the LUX MED doctor's assessment (we do not remove stitches after childbirth)

Outpatient laryngological procedures:

- Eustachian tube examination, insufflation
- Catheterisation of the Eustachian tube
- Ear irrigation
- Removal of a foreign body from the nose/ear
- Simple laryngological dressing
- Coagulation of blood vessels of the nasal septum
- Electrocoagulation of blood vessels of the nasal septum
- Nasal tamponade removal
- Bilateral dressing of nasal hemorrhage
- Unilateral dressing of nasal hemorrhage
- Suture removal in a treatment room after laryngological procedures performed in outpatient Medical Facilities indicated by LUX MED
- Suture removal after laryngological procedures
- performed outside of outpatient Medical Facilities indicated by LUX MED, qualification based on the LUX MED doctor's assessment;
- Nasal administration of mucosa-shrinking medicine as needed
- Application/change/removal of a drain in the ear canal

Outpatient ophthalmologic procedures:

- Standard* ocular fundus examination
- Corrective lens selection (excludes varifocal lenses)
- Gonioscopy (iridocorneal angle assessment)
- Removal of a foreign body from the eye
- Visual acuity examination
- Standard* autorefractometry
- Medicine instillation into the conjunctival sac
- Standard* intraocular pressure measurement
- Standard* stereoscopic vision examination
- Lacrimal duct irrigation (refers to: Patients over 18 years of age)

Outpatient orthopaedic procedures:

- Adjustment of small orthopaedic devices — small joints
- Reposition of a dislocation or fracture
- Preparation: traditional cast – tape
- Plaster cast application
- Lower limb plaster cast removal
- Upper limb plaster cast removal
- Placement/change/removal - small dressing

Outpatient dermatological procedures:

- Standard* dermatoscopy

Outpatient gynaecological procedures:

- Standard* pap smear

Outpatient allergological procedures: Outpatient allergological procedures:

- Desensitisation with allergist consultation – with co-payment of PLN 49 per consultation

Note: Medical materials and products, such as: traditional plaster cast, dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, surgical sutures and threads, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.



Influenza and tetanus vaccinations

As part of infectious disease prevention, the service includes vaccinations against seasonal flu and administer tetanus anatoxin (anti-tetanus anatoxin).

The service includes:

- Medical consultation before vaccination (The service consists of a medical consultation with a doctor or nurse before vaccination)
- Vaccine (the medicinal product)
- Performance of a nursing service (injection).

Flue vaccinations are performed in outpatient Medical Facilities indicated by LUX MED.



Laboratory test panel (no referral needed)

The service is provided only in outpatient Medical Facilities indicated by LUX MED. The service includes a one-time performance of a panel of laboratory tests, composed of the following items, without a referral from a physician (within 12 months of the term of the agreement):

For the:

Patients over 18 years of age – visits without a referral relate to the following scope:

- Urine – general analysis
- Blood count + platelet count + automated smear
- Lipid panel
- Fasting glucose
- Standard* Pap smear
- TSH
- beta-hCG

Patients up to 18 years of age – visits without a referral relate to the following scope

- Urine – general analysis
- Blood count + platelet count + automated smear
- Fasting glucose
- Standard* Pap smear (available for Patients over 16 years of age)
- Strip CRP

* Standard – commonly available and commonly used in Poland



Laboratory and imaging diagnostics– with co-payment

This includes the following laboratory, imaging and functional diagnostic tests performed in outpatient Medical Facilities indicated by LUX MED. The number of performed tests is . All diagnostic tests and examinations available within the service are performed following referrals issued by physicians from outpatient Medical Facilities, only based on medical indications as part of a diagnostic and therapeutic process conducted in these Medical Facilities.

Laboratory diagnostics:

Haematology and coagulology tests with taking test samples (blood):

- Absolute eosinophil count

- Blood count + platelet count + automated smear
- ESR
- Manual blood smear
- Platelets
- INR / Prothrombin time
- Thrombin time – TT
- D – dimers
- APTT
- Fibrinogen

Biochemical and hormonal tests, tumour marker tests with taking test samples (blood):

- CRP quantitative
- GPT/ALT transaminase
- GOT/AST transaminase
- Amylase
- Albumins
- Total protein
- PAPP – a protein
- Total bilirubin
- Direct bilirubin
- Chlorides (Cl)
- Cholesterol
- HDL cholesterol
- LDL cholesterol
- Directly measured LDL cholesterol
- CK (creatine kinase)
- LDH – Lactate dehydrogenase
- Alkaline phosphatase /
- Acid phosphatase
- Phosphorus (P)
- GGTP
- Glucose tolerance test (4 points, 75 g, 0, 1, 2, 3 h)
- Fasting glucose
- Glucose 120' after a meal
- Glucose 60' after a meal
- Glucose 75 g, 4-hour glucose challenge test
- Glucose 75 g, 5-hour glucose challenge test
- Creatinine
- Uric acid
- Lipid profile (CHOL, HDL, LDL, TG)
- Magnesium (Mg)
- Urea/blood urea nitrogen, BUN
- Potassium (K)
- Protein profile
- Sodium (Na)
- Triglycerides
- Calcium (Ca)
- Iron (Fe)
- Immunoglobulin IgE (total IgE)
- Immunoglobulin IgA
- Immunoglobulin IgG
- Immunoglobulin IgM
- Folic acid
- Vitamin B12
- TIBC – total iron binding capacity (alternative to Fe saturation)
- Iron / Fe 120 mins after administration (absorption curve)
- Iron / Fe 180 mins after administration (absorption curve)
- Iron / Fe 240 mins after administration (absorption curve)
- Iron / Fe 300 mins after administration (absorption curve)
- Iron / Fe 60 mins after administration (absorption curve)
- Ferritin
- Caeruloplasmin
- Transferrin
- Thyroglobulin
- Apolipoprotein A1
- Lipase
- Copper
- Cortisol in the afternoon
- Cortisol in the morning
- Prolactin 120' after administration MCP 1 tablet
- Prolactin 30' after administration of MCP 1 tablet
- Prolactin 60' after administration of MCP 1 tablet
- Prolactin
- TSH / hTSH
- Estradiol
- FSH
- Free T3
- Free T4
- Total Beta-hCG
- LH
- Progesterone
- Testosterone
- Free testosterone
- AFP – alpha-fetoprotein
- Free PSA
- Total PSA
- CEA – carcinoembryonic antigen
- CA 125
- CA 15.3 – breast cancer antigen
- CA 19.9 – gastrointestinal cancer antigen

Serology tests and infection diagnostics with taking test samples (blood):

- Basic syphilis serology (VDRL or USR or anti-TP), formerly WR
- ASO quantitative
- ASO qualitative
- RF – Rheumatoid Factor – quantitative
- Waaler-Rose test
- BTA test
- Blood group (AB0), Rh factor and antibody screening
- Immune antibody screening / alloantibodies (replaces anti-Rh +/- antibodies)
- HBs Ag/antigen
- A-microsomal/anti-TPO antibodies
- Antithyroglobulin / anti-TG antibodies
- CMV antibodies IgG
- CMV antibodies IgM
- HBs Ab/antibodies;
- HCV Ab/antibodies
- Helicobacter pylori IgG, quantitative;
- HIV-1/HIV-2
- EBV/mononucleosis – latex
- EBV / mononucleosis IgG
- EBV / mononucleosis IgM
- Rubella IgG
- Rubella IgM
- Toxoplasma IgG
- Toxoplasma IgM
- Chlamydia trachomatis IgA antibodies

- Chlamydia trachomatis IgG antibodies

- Chlamydia trachomatis IgM antibodies

- HBc Ab IgM

Urine tests with taking test samples (urine):

- Urine – general analysis
- Vanillylmandelic acid (VMA) in urine
- Urine protein
- Total protein / 24-hour urine collection
- Phosphorus in urine
- Phosphorus in urine / 24-hour urine collection
- Creatinine in urine
- Creatinine – urine / 24-hour urine collection
- Uric acid in urine / 24-hour urine collection
- Uric acid in urine
- Magnesium / Mg in urine

- Magnesium / Mg / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine
- Sodium/Na in urine
- Sodium/Na in urine / 24-hour urine collection
- Calcium in urine
- Calcium/Ca in urine / 24-hour urine collection

- Delta - aminolevulinic acid (ALA)
- Delta - aminolevulinic acid (ALA) in 24-hour urine collection
- Potassium (K) — urine
- Potassium (K) — urine/ 24-hour urine collection
- Catecholamines (noradrenaline, adrenaline) in a daily urine sample
- Cortisol in 24-hour urine collection
- Metoxycatecholamines in 24-hour urine collection
- Lead/Pb in urine

Bacteriological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- Urine culture
- General faeces culture
- Pharyngeal / tonsil swab – aerobic culture
- Oral cavity swab — aerobic culture
- Tongue swab — aerobic culture
- Ear swab – anaerobic culture
- Ear swab – aerobic culture
- Eye swab – aerobic culture
- Nasal swab
- Nasal swab – aerobic culture
- Nasopharyngeal swab – anaerobic culture

- Nasopharyngeal swab – aerobic culture
- Anal and vaginal swab culture for Streptococcus GBS
- Vaginal swab – anaerobic culture
- Vaginal swab – aerobic culture
- Culture for GC (GNC) Vaginal swab
- Wound swab
- Wound swab – anaerobic culture
- Stool culture for SS
- Vaginal microbiological test (vaginal biocenosis)

- Semen culture — aerobic
- Sputum culture
- Endocervical swab
- Endocervical smear – anaerobic culture
- Culture for GC (GNC) Endocervical swab
- Stool culture for Pathogenic E. Coli in children up to 2 years
- Stool culture for Yersinia enterocolitica
- Urethral swab
- Urethral swab – anaerobic culture

Faecal tests with taking test samples:

- Stool analysis
- Faeces analysis for parasites, 1 assay

- Faecal occult blood (FOB)
- Faecal analysis for rota- and adenovirus

- Faecal ELISA analysis for lamblia

Cytology tests with taking test samples:

- Standard* Pap smear

Mycological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- Mycological examination – toenail fungal culture
- Mycological examination – fingernail fungal culture
- Mycological examination – hair fungal culture
- Mycological examination – skin fungal culture
- Mycological examination – skin scraping fungal culture

- Stool culture for yeast-like fungi
- Urine culture for yeast-like fungi
- Sputum culture for yeast-like fungi
- Abscess content culture for yeast-like fungi
- Secretion culture for yeast-like fungi

- Swab culture for yeast-like fungi
- Urethral swab culture for yeast-like fungi
- Pharyngeal / tonsil swab culture for yeast-like fungi
- Endocervical smear culture for yeast-like fungi
- Nasal swab culture for yeast-like fungi

- Nasopharyngeal swab – culture for yeast-like fungi
- Eye swab culture for yeast-like fungi
- Vaginal swab culture for yeast-like fungi
- Wound smear culture for yeast-like fungi
- Ear swab culture for yeast-like fungi
- Oral swab – culture for yeast-like fungi
- Tongue swab – culture for yeast-like fungi

Toxicological tests with taking test samples (blood):

- Digoxin
- Lead

Quick strip tests with taking test samples (blood):

- CRP – strip test
- Cholesterol strip test
- Glucose meter test
- Troponin – strip test

Diagnostic imaging:

ECG with co-payment of PLN 49 per examination:

- Resting ECG
- Standard* exercise test

X-ray with co-payment of PLN 49 per examination (examination result on a medium conforming with the standard applicable in a given Clinic):

- Cranial X-ray orbits
- X-ray of orbits + lateral (2 views)
- Cranial X-ray PA + lateral
- Cranial X-ray PA + lateral + base
- Cranial X-ray, base
- Cranial X-ray, semi-axial by Orley
- Cranial X-ray, sella turcica
- Cranial X-ray, tangential
- Cranial X-ray, cranial nerve canals
- Splanchnocranium X-ray
- Abdominal X-ray, other
- Abdominal X-ray, supine
- Abdominal X-ray, erect
- Chest X-ray
- Chest X-ray – X-ray tomography
- Chest X-ray + lateral
- Chest X-ray, lateral with barite
- Chest X-ray, other
- Chest X-ray PA + lateral with barium
- X-ray of chest, thyroid, trachea
- Sacrococcygeal X-ray
- Lateral nasal X-ray
- Lower leg X-ray, AP + lateral
- Lower leg X-ray, AP + bilateral lateral
- Upper leg and lower leg X-ray
- Femoral bone X-ray, AP + left lateral
- Femoral bone X-ray, AP + right, lateral
- Shoulder X-ray, axial
- Shoulder X-ray, bilateral axial
- Shoulder X-ray, AP + lateral
- Shoulder X-ray: AP + bilateral – comparative image
- Shoulder X-ray, AP
- Shoulder X-ray, AP, both – comparative image
- Forearm X-ray, AP + lateral
- Bilateral forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral, bilateral
- X-ray of temporal bones, transorbital
- X-ray of temporal bones by Schuller/Stevens
- Temporal bone pyramid X-ray, transorbital
- Hand X-ray, lateral
- Hand X-ray, PA
- Hand X-ray PA, bilateral
- Finger(s) X-ray, PA + lateral/oblique
- Finger(s) X-ray, PA + lateral/oblique bilateral
- Scaphoid X-ray
- Foot X-ray, AP + lateral/oblique
- Foot X-ray, AP + lateral/oblique, erect
- Foot X-ray, AP + lateral/oblique bilateral
- Foot X-ray, AP + lateral/oblique bilateral, erect
- Foot X-ray, AP (comparative)
- Metatarsal X-ray
- Toe(s) X-ray, AP + lateral/oblique
- Heel X-ray + axial
- Heel X-ray, lateral
- Lumbar X-ray: AP + lateral
- X-ray of lumbar spine, AP + lateral + oblique
- X-ray of lumbar spine, lateral
- X-ray of lumbosacral spine, oblique
- X-ray of lumbosacral spine AP + lateral
- Lumbar functional X-ray
- Thoracic X-ray
- Thoracic X-ray AP + lateral
- Thoracic X-ray, AP + lateral + oblique
- Thoracic X-ray, lateral
- Thoracic X-ray, oblique views
- Cervical X-ray
- Cervical X-ray, AP + lateral
- Cervical X-ray, lateral
- Cervical X-ray, lateral + oblique (3 views)
- Cervical X-ray, oblique views
- Cervical functional X-ray
- Spinal X-ray AP, erect (scoliosis)

- Spinal X-ray AP, erect + lateral (scoliosis)
- Scapular X-ray
- Pelvic and hip joint X-ray
- X-ray of sternum, AP
- X-ray sternum / chest lateral
- Mandibular X-ray
- Paranasal sinus X-ray
- Rib X-ray (unilateral), 2 oblique views
- Wrist X-ray, lateral
- X-ray of both wrists, lateral
- Wrist X-ray, PA + lateral
- Wrist X-ray, PA + bilateral lateral
- Hand X-ray, PA + oblique
- Hand X-ray, PA + oblique, bilateral
- Wrist/hand X-ray, PA + lateral/oblique left
- Wrist/hand X-ray, PA + lateral/oblique right
- Wrist/hand X-ray, PA + lateral/oblique bilateral
- Wrist/hand X-ray, PA + lateral/oblique bilateral
- X-ray of both patellae axial
- Bilateral patellar X-ray, axial in 2 positions
- Bilateral patellar X-ray, axial in 3 positions
- X-ray of sacroiliac joints – PA
- X-ray of sacroiliac joints – oblique
- Hip joint X-ray, AP
- Bilateral hip joint X-ray, AP
- Hip joint X-ray, axial
- Knee joint X-ray, AP + lateral
- Knee joint X-ray, AP + bilateral lateral
- Knee joint X-ray, AP + bilateral lateral, erect
- Knee joint X-ray, lateral
- Elbow joint X-ray
- Ankle joint X-ray, AP + lateral
- Ankle joint X-ray, AP + lateral bilateral
- Temporomandibular joint functional X-ray
- Urography (with standard contrast agents)
- X-ray of nasopharynx
- Shoulder X-ray (transthoracic)
- Shoulder X-ray, AP + axial
- Clavicular X-ray

Ultrasound examinations with co-payment of PLN 49 per examination:

- Abdominal ultrasound
- Urinary tract ultrasound
- Breast ultrasound
- Thyroid ultrasound
- Transabdominal prostate ultrasound
- Transvaginal gynaecological ultrasound
- Transabdominal gynaecological ultrasound
- Testicular ultrasound
- Salivary gland ultrasound
- Transrectal prostate ultrasound
- Ultrasound / Doppler ultrasound of carotid arteries and vertebral arteries
- Ultrasound / Doppler ultrasound of lower limb arteries
- Ultrasound/Doppler ultrasound of upper limb arteries
- Ultrasound/Doppler ultrasound of lower limb veins
- Ultrasound/Doppler ultrasound of upper limb veins
- Ultrasound/Doppler ultrasound of the abdominal aorta and pelvic arteries
- Ultrasound/Doppler ultrasound of hepatic vessels (assessment of hepatic portal circulation)
- ultrasound/Doppler ultrasound of renal arteries;
- Ultrasound/Doppler ultrasound of intracranial arteries
- Hip joints ultrasound + orthopaedic consultation (up to 1 year of age)

Endoscopic examinations with endoscopic specimen collection with co-payment of PLN 100 per examination:

- Anoscopy

Magnetic resonance imaging with co-payment of PLN 100 per examination with standard contrast agents:

- MR – magnetic resonance of head
- MR – magnetic resonance of abdomen and small pelvis;
- MR – magnetic resonance of sinuses

Computed tomography with co-payment of PLN 100 per examination with standard contrast agents:

- CT – computed tomography of head
- CT – computed tomography of sinuses
- CT – computed tomography of small pelvis
- CT – computed tomography of bone pelvis
- CT – computed tomography of abdomen and small pelvis

Other diagnostic examinations with co-payment of PLN 49 per examination:

- Spirometry without medication
- Spirometry – diastolic test
- Mammography
- Mammography – targeted image

Note: As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package. Examination results are stored on a medium conforming with the standard applicable in a given facility. Unless stated otherwise, CT, MRI and ultrasound diagnostic imaging includes a 2D image with no additional options (including extended genetic ultrasound).



Allergy tests – option I – with co-payment

The service includes allergy skin tests. The tests are ordered by a physician from an outpatient Medical Facility indicated by LUX MED, in the following scope:

- Allergist consultation – qualification for tests with co-payment of PLN 49 per consultation
- Allergy skin tests – skin prick tests with a product for allergy tests:
 - skin allergy tests – 1 spot
 - skin allergy tests – food allergy panel
 - skin allergy tests – inhaled allergens panel

Note: As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package.

10% discount on other services offered by LUX MED and Medycyna Rodzinna

The Patient is entitled to a 10% discount on medical services, excluding dental services, offered by LUX MED Own Facilities – this applies to LUX MED and Medycyna Rodzinna facilities listed on www.luxmed.pl. The discount is calculated from the price list available in the facility. Discounts may not be combined.

10% discount on medical procedures provided in PROFEMED

The Patient is entitled to a 10% discount on all medical procedures provided in PROFEMED facilities. Information about the rendered services is available on www.profemed.pl. The discount is calculated from the price list available in the facility. Discounts may not be combined.

* Standard – commonly available and commonly used in Poland