

Analgo sedation (anaesthesia)

Information for Patients

Analgo sedation is a sedative procedure aimed at eliminating anxiety and pain sensation. It is used during endoscopy to increase the Patient's comfort.

How to prepare for the examination?

- Do not eat on the day of the examination.
- Do not drink anything for 2 hours before the examination, do not smoke or chew gum.
- All routinely administered medicines should be taken as recommended.



Note:

Antidiabetic agents:

- Do not take metformin (Metformax, Siofor, Glucophage, Avamine, Formetic, Diabufor, Etform) one day before and on the day of examination.
- Insulin – consult the preparation for the examination with your attending physician.
- On the day of the examination, **do not apply any cream/balsam to the chest** (this is where electrodes are applied to monitor heart function during analgo sedation).
- On the day of the examination, **do not apply hand cream/balsam** (this is where a venepuncture is inserted into the vein to deliver the medication).
- On the day of the examination, **please do not put on any make-up**.

What to bring with you?

- List of medicines and dosage information.
- A copy of your medical records: results of diagnostic examinations and hospital discharges.
- If you use reading glasses, bring them with you.

What is the recommended clothes?

- The clothes should be loose.
- Please wear a vest or T-shirt so that you remain in short-sleeved clothing during the examination.
- Shoes must be on a flat sole. Please do not wear spike heels, platforms, etc.

Who should accompany you?

- In case of examinations under analgo sedation, you **must come with a companion** (to take care of you after analgo sedation). The following persons cannot accompany you:
 - Child
 - Person with impaired mobility

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- Intellectually impaired person
- Person who had an examination under analgo sedation on the same day.

Note:



If a patient comes without an accompanying person, it may result in not performing analgo sedation for a planned endoscopy.

What to do after the examination?

- For 12 hours after analgo sedation is completed, **you must not drive motor vehicles**, bicycles, or scooters.
- For 12 hours after analgo sedation is completed, you should not sign important documents, return to work, use online banking, etc.
- The determined examination time may be shifted.



Prior to the examination under analgo sedation, you will need to read and sign your consent for the procedure, so please arrive 30 minutes before the examination time.