“Apricot” Medical Care Plan

Extended basic and specialist paediatric care for children aged between 0 and 4

LUXMED
"Apricot" Medical Care Plan

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For over 20 years, LUX MED Group has offered the highest level of medical services. As the market leader in private medical services, we provide our patients with comprehensive outpatient, diagnostic and rehabilitation care as well as one day surgery care.

Using our knowledge and experience in infants and young children care, in order to guarantee professional, necessary, extended basic and specialist care, while maintaining a reasonable price, we have developed the APRICOT Health Care Plan.

The APRICOT Health Care Plan is intended for children from birth to age 4, and doctors can be accessed in more than 70 modern LUX MED Group's (LUX MED and Medycyna Rodzinna) facilities, listed at www.luxmed.pl.

The Plan, designed according to the rule "low fees, small extra charges", includes a low annual fee and a system of small extra charges for medical consultations and chosen diagnostic tests and examinations. It is especially important given the increased expenses associated with caring for children and their development.

We address children's most important medical needs and offer the following:

- unlimited access to general practitioners and, with no referral required, to doctors of 7 specialties most commonly needed for infants and young children (with a surcharge of 20 PLN per consultation);
- unlimited access to extended diagnostic tests and examinations specifically adapted to the needs of infants and young children (with a small surcharge of 20 PLN in case of X-ray, ultrasound and ECG examinations);
- limited home visits (priced at 40 PLN) as well as 24-hour access to the Medical Hotline and prompt access to an on-duty doctor in emergency situations;
- seasonal flu vaccinations in autumn and winter with a small surcharge of 20 PLN;
- access to qualified staff in a network of paediatric facilities adapted to the needs of infants and young children.

We think of your convenience and save your time and money by offering:

- e-contracting (for a minimum period of 12 months) along with payments through a comfortable Internet payment system PayU S.A., which makes it possible to activate the package on any workday;
- a fully integrated IT system, which makes it possible for any doctor at any facility to electronically access a Patient's medical history and their test and examination results;
- thanks to a co-payment system, you can save money by paying lower periodic payments and additionally small amounts when actually making use of the services over an extended period of time;
- a 20% discount on consultations not covered by the Plan, professor consultation and allergy tests as well as a system of discounts of 10% on services not covered by the package and provided at LUX MED Group's own facilities;
- ability to choose a convenient payment option.

### METHOD OF PAYMENT

<table>
<thead>
<tr>
<th>METHOD OF PAYMENT*</th>
<th>ANNUAL PAYMENT</th>
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<tr>
<td>Lump payment</td>
<td>1,113 PLN</td>
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<tr>
<td>Payment in two instalments (every 6 months)</td>
<td>2 x 588 PLN</td>
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<tr>
<td>Payment in 4 instalments (every 3 months)</td>
<td>4 x 302 PLN</td>
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*The contract is concluded for 12 months.

If you are interested in our offer:

- use our e-offers module at www.luxmed.pl
- contact our Consultant:

by calling the number 22 339 37 33 available from Monday to Friday, 8.00 a.m. till 6.00 p.m.;
write to us at the following e-mail address: sprzedaz_ind@luxmed.pl.
## Scope of the “Apricot” Health Care Plan

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<tr>
<th>SCOPE OF MEDICAL CARE</th>
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<tr>
<td>Access to LUX MED Group’s (LUX MED and Medycyna Rodzinna) own facilities</td>
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</tr>
<tr>
<td>Nationwide appointment and examination booking (by phone, 22 33 22 888, or through our e-reservation system)</td>
<td>✔️</td>
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<tr>
<td>Text message reminders of scheduled appointments in LUX MED Group’s own facilities (with a cancellation option)</td>
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<tr>
<td>Patient’s Portal*</td>
<td>✔️</td>
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<tr>
<td>24 h Medical Hotline</td>
<td>✔️</td>
</tr>
<tr>
<td>Consultations with general practitioners and on-duty doctors priced at 20 PLN per consultation</td>
<td>✔️</td>
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<tr>
<td>Apricot specialist consultations and on-duty doctors priced at 20 PLN per consultation</td>
<td>✔️</td>
</tr>
<tr>
<td>Professor consultations with a 20% discount**</td>
<td>✔️</td>
</tr>
<tr>
<td>Apricot outpatient consultation procedures</td>
<td>✔️</td>
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<tr>
<td>Apricot diagnostic tests and examinations:</td>
<td>✔️</td>
</tr>
<tr>
<td>• laboratory tests,</td>
<td>✔️</td>
</tr>
<tr>
<td>• X-ray priced at 20 PLN per examination,</td>
<td>✔️</td>
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<tr>
<td>• basic ultrasound examinations priced at 20 PLN per examination,</td>
<td>✔️</td>
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<tr>
<td>• specialist ultrasound examinations priced at 20 PLN per examination,</td>
<td>✔️</td>
</tr>
<tr>
<td>• ECG priced at 20 PLN per examination</td>
<td>✔️</td>
</tr>
<tr>
<td>Allergy tests — 20% discount**</td>
<td>✔️</td>
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<tr>
<td>Seasonal flu vaccinations including qualification priced at 20 PLN</td>
<td>✔️</td>
</tr>
<tr>
<td>Additional vaccinations</td>
<td>✔️</td>
</tr>
<tr>
<td>Apricot home visits priced at 40 PLN per visit.</td>
<td>✔️</td>
</tr>
<tr>
<td>Free dental screening examination — once a year</td>
<td>✔️</td>
</tr>
<tr>
<td>10% discount on other outpatient services provided in LUX MED Group’s own facilities**</td>
<td>✔️</td>
</tr>
<tr>
<td>10% discount on medical procedures provided in the LUX MED Hospital**</td>
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*Patient’s Portal — access to an integrated IT platform (managing one’s Patient file, e-reservations, scheduling/cancelling appointments, access to test and examination results, communicating with a doctor, possibility to order additional LUX MED Group’s individual offers with full management of payments and more)

**Discounts are calculated based on the current medical service price list of a Facility.
Definitions of medical services:

Consultations with general practitioners and on-duty doctors priced at 20 PLN per consultation
Within the Plan, the Patient has unlimited access to consultations with general practitioners in such cases as onset of an illness, exacerbation in chronic conditions, emergency medical assistance and general medical advice. The consultations include: medical history taking, medical advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The cost of a medical consultation within the scope of the Plan is 20 PLN. During the period covered by the Plan, LUX MED guarantees no-referral access to doctors of the following specialties:
- paediatrician,
- family doctor,
- on-duty doctor: paediatrician, family medicine doctor.

Apricot specialist consultations and on-duty doctors priced at 20 PLN per consultation
Within the Plan, the Patient has unlimited access to consultations with doctors in such cases as onset of an illness, exacerbation in chronic conditions, emergency medical assistance and general medical advice. Specialist consultations include: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The cost of a medical consultation within the scope of the Plan is 20 PLN. During the period covered by the Plan, LUX MED guarantees no-referral access to doctors of the following specialties:
- allergology,
- general surgery,
- dermatology,
- laryngology,
- neurology,
- ophthalmology,
- orthopaedics,
- and
- on-duty doctor — general surgery,
- on-duty doctor — orthopaedics.

Note:
On-duty doctors (the service includes only emergency assistance in onset of an illness or exacerbation in chronic conditions) are available within the working hours in indicated LUX MED’s own facilities.

Specialist consultations not covered by the plan (20% discount)
Within the plan, the Patient is entitled to consultations with other doctors in LUX MED Group’s own facilities, with a 20% discount per consultation for paediatric patients. Specialist consultations with the 20% discount include: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment.

Note:
This service does not include dentistry, medical rehabilitation, psychiatry consultations or consultations with doctors of other specialties, for example: speech therapist, psychologist, sex therapist.

Professor consultations (20% discount)
The service includes consultation with doctors with the degree of “doktor habilitowany” (associate professor) or the scientific title of “profesor” (professor) as well as doctors holding the positions of “docent” (assistant professor), “profesor nadzwyczajny” (associate professor) and “profesor zwyczajny” (full professor) working in LUX MED Group’s own facilities, with a 20% discount based on the current price list.

Outpatient consultation procedures
— Apricot
Services in the form of procedures performed according to the indications by a doctor or a nurse during a procedure-specific consultation or after a medical consultation, in the outpatient setting. The scope of consultation outpatient procedures depends on the Patient’s age and the range of specialist consultations the Patient is entitled to within the Plan.

The service includes local anaesthesia for a procedure (administered with a medicine): infiltration or permeation, if this is required in a given type of procedure and medically indicated.

Outpatient consultation procedures include:

Outpatient general medical procedures:
- blood pressure measurement;
- height and body weight measurement;
- non-surgical tick removal.

Outpatient surgical procedures:
- stitching a wound of up to 3 cm;
- surgical tick removal;
- non-surgical tick removal;
- change/application of a small dressing (requiring no surgical debridement);
- removal of another foreign body without incision;
suture removal in a treatment room after laryngological procedures performed in the Contractor's own facilities;
suture removal after procedures performed outside of the Contractor's own facilities, qualification based on the doctor’s assessment.

Outpatient laryngological procedures:
- Eustachian tube examination, insufflation;
- catheterisation of Eustachian tube;
- ear irrigation;
- removal of a foreign body from the nose/ear;
- simple laryngological dressing;
- bilateral dressing of nasal haemorrhage;
- unilateral dressing of nasal haemorrhage;
- nasal administration of mucosa-shrinking medicine in emergency cases;
- application/change/removal of a drain in the ear canal.

Outpatient ophthalmologic procedures:
- ocular fundus examination;
- corrective lens selection (excludes varifocal lenses);
- refraction test;
- medicine instillation into the conjunctival sac.

Outpatient orthopaedic procedures:
- adjustment of small orthopaedic devices — small joints;
- reposition of a dislocation or fracture;
- change/application of a small dressing;

Outpatient dermatological procedures:
- dermatoscopy.

Outpatient nursing procedures:
- intravenous injection;
- subcutaneous/intramuscular injection;
- emergency drip administration;
- oral medicine administration in emergency cases;
- body temperature measurement (no referral required);
- change/application of a small dressing;
- taking blood;
- blood pressure measurement (no referral required);
- height and body weight measurement (no referral required).

Note:
The above procedures are performed as a complementary consultation if they are available in a given facility. Medical materials and products, such as: dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, disinfectants, antitetanus serum (antitoxin), surgical sutures and threads, used for the above procedures are free of charge. Other medical materials and products used in the above procedures need to be paid for by the Patient with a 10% discount.

Diagnostic tests and examinations — Apricot

Diagnostic tests and examinations include the following laboratory, imaging and functional diagnostic tests and examinations. The number of diagnostic tests and examinations performed is unlimited. Diagnostic tests and examinations are performed on the basis of referrals issued by doctors working in LUX MED Group’s (LUX MED and Medycyna Rodzinna) medical centres. The referrals should be based on the Patient’s medical condition and diagnostic and therapeutic procedures performed in the aforementioned facilities.

Laboratory tests:

Haematological tests with taking test samples (blood):
- ESR;
- blood count + platelet count + automated smear;
- manual blood smear;
- platelets (manual);
- INR/prothrombin time/Quick;
- thrombin time (TT);
- D-dimers;
- APTT;
- fibrinogen.

Biochemical and hormonal tests with taking test samples (blood):
- CRP quantitative;
- GPT/ALT transaminase;
- GOT/AST transaminase;
- amylase;
- albumin;
- total protein;
- chloride (Cl);
- total cholesterol;
- cholesterol strip test;
- HDL cholesterol;
- LDL cholesterol;
- alkaline phosphatase;
- GGTP;
- fasting glucose;
- glucose meter test;
- glucose 120’/120’ after a meal;
- glucose 60’/60’ after a meal;
- creatinine;
- uric acid;
- lipid profile (CHOL, HDL, LDL, TG);
- magnesium (Mg);
- urea/blood urea nitrogen, BUN;
- potassium (K);
- sodium (Na);
- triglycerides;
- calcium (Ca);
- iron (Fe);
- total iron binding capacity, TIBC;
- troponin strip test;
- TSH/hTSH.

Serological tests and infection diagnostics with taking test samples (blood):
- basic syphilis serology (VDRL or USR or anti-TP);
• ASO quantitative;
• ASO qualitative;
• RF — rheumatoid factor — quantitative;
• HBs Ag/antigen;
• HCV Ab/antibodies;
• CMV antibodies IgG;
• CMV antibodies IgM;
• EBV mononucleosis — latex;
• rubella antibodies IgG;
• rubella antibodies IgM;
• toxoplasmosis IgG;
• toxoplasmosis IgM.

Urine tests with taking test samples (urine):
• urine — general analysis.

Bacteriological tests with taking smear (service does not include tests performed using molecular biology techniques and strip tests):
• urine culture;
• general faeces culture;
• pharyngeal swab aerobic culture;
• pharyngeal swab anaerobic culture;
• tonsil swab;
• tonsil swab aerobic culture;
• tonsil swab anaerobic culture;
• antibiogram for culture (urine, pharynx, nose, eye);
• ear swab;
• ear swab anaerobic culture;
• ear swab aerobic culture;
• eye swab aerobic culture;
• nasal swab;
• nasal swab anaerobic culture;
• nasal swab aerobic culture;
• nasopharyngeal swab anaerobic culture;
• nasopharyngeal swab aerobic culture;
• antibiogram for culture (various material).

Faecal tests with taking test samples (faeces):
• faecal occult blood (FOB);
• faecal analysis for rota- and adenovirus;
• faecal ELISA analysis for lamblia.

Toxicological tests with taking test samples (blood):
• digoxin;
• lead.

X-ray priced at 20 PLN per examination
• cranial X-ray, orbits;
• cranial X-ray, PA + lateral;
• cranial X-ray, PA + lateral + base;
• cranial X-ray, base;
• cranial X-ray, sella turcica;
• cranial X-ray, tangential;
• splanchnocranium X-ray;
• abdominal X-ray, other;
• abdominal X-ray, supine;
• abdominal X-ray, erect;
• chest X-ray;
• chest X-ray + side;
• sacrococcygeal X-ray;
• lateral nasal X-ray;
• lower leg X-ray, AP + lateral;
• lower leg X-ray, AP + bilateral;
• upper leg and lower leg X-ray;
• femoral X-ray, AP + lateral;
• shoulder X-ray, axial;
• shoulder X-ray, bilateral axial;
• shoulder X-ray, AP + lateral;
• shoulder X-ray: AP + bilateral — comparative image;
• shoulder X-ray, AP;
• shoulder X-ray, AP, both — comparative image;
• forearm X-ray, AP + lateral;
• bilateral forearm X-ray, AP + lateral;
• elbow/forearm X-ray, AP + lateral;
• elbow/forearm X-ray: AP + lateral, both;
• hand X-ray, lateral;
• hand X-ray, PA;
• hand X-ray, PA, both;
• finger(s) X-ray, PA + lateral/arm, oblique;
• finger(s) X-ray: AP + lateral/both arms, oblique;
• scaphoid X-ray;
• foot X-ray, AP + lateral/oblique;
• foot X-ray, AP + lateral/oblique, both;
• foot X-ray, AP (comparative);
• metatarsal X-ray;
• toe(s) X-ray, AP + lateral/oblique;
• heel X-ray + axial;
• heel X-ray, lateral;
• lumbar X-ray, AP + lateral;
• lumbar X-ray: AP + lateral + oblique;
• lumbar X-ray, lateral;
• lumbosacral X-ray, oblique views;
• lumbosacral X-ray, AP + lateral;
• thoracic X-ray;
• thoracic X-ray, AP + lateral;
• thoracic X-ray, AP + lateral + oblique;
• thoracic X-ray, lateral;
• thoracic X-ray, oblique views;
• cervical X-ray;
• cervical X-ray, AP + lateral;
• cervical X-ray, lateral;
• cervical X-ray, lateral + oblique (3 views);
• cervical X-ray: oblique views;
• cervicothoracolumbar X-ray;
• spinal X-ray: erect;
• scapular X-ray;
• pelvic and hip joint X-ray;
• sternal X-ray, AP;
• sternal/lateral chest X-ray;
• mandibular X-ray;
• paranasal sinus X-ray;
• rib X-ray (unilateral), 2 oblique views;
• wrist X-ray, lateral;
• wrist X-ray, lateral, both;
• wrist/palm X-ray, PA + lateral/oblique;
• wrist/palm X-ray, PA + lateral/oblique, both;
• bilateral wrist/palm X-ray, PA + lateral/oblique;
• bilateral patellar X-ray;
• bilateral patellar X-ray, axial in 2 positions;
• bilateral patellar X-ray, axial in 3 positions;
- sacroiliac joint X-ray, PA;
- sacroiliac joint X-ray, oblique views;
- hip joint X-ray, AP;
- bilateral hip joint X-ray, AP;
- hip joint X-ray, axial;
- knee joint X-ray, AP + lateral;
- knee joint X-ray, AP + lateral, both;
- knee joint X-ray, lateral;
- talocrural joint X-ray, AP + lateral;
- talocrural joint X-ray, AP + lateral, both;
- temporomandibular joint functional X-ray;
- nasopharyngeal X-ray;
- shoulder X-ray (transthoracic);
- shoulder X-ray, AP + axial;
- clavicular X-ray;
- hand X-ray bone age.

Basic ultrasound examinations — priced at 20 PLN per examination
- trans-fontanelle ultrasound;
- hip joint ultrasound + orthopaedic consultation concerning the hip joints (up to 1 year of age);
- hip joint ultrasound;
- abdominal ultrasound;
- urinary tract ultrasound.

Specialist ultrasound examinations — priced at 20 PLN per examination
- shoulder ultrasound;
- elbow joint ultrasound;
- knee joint ultrasound;
- ankle joint ultrasound;
- ultrasound of ligaments, muscles, joints, other (excluding post-traumatic muscle haematomas);
- subcutaneous tissue ultrasound (lipomas, fibromas, etc.);
- echocardiography — cardiac ultrasound (paediatric patients);
- thyroid ultrasound;
- testicular ultrasound;
- salivary gland ultrasound;
- finger and metacarpophalangeal joint ultrasound;
- Achilles tendon ultrasound;
- lymph node ultrasound;
- wrist ultrasound.

ECG priced at 20 PLN per examination:
- resting ECG — paediatric patient.

Note: ach pAs technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided for in this contract. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package. Examination results are stored on a medium conforming with the standard applicable in a given facility. Unless stated otherwise, ultrasound diagnostic imaging includes a 2D image with no additional options, and laboratory tests do not include strip tests.

Allergy tests (20% discount) performed based on a referral from a LUX MED Group’s allergist
The service includes performing blood allergy tests (drawing a blood sample and assaying allergen-specific IgE).

The service includes:
- blood allergy tests — single allergen-specific IgE;
- blood allergy tests — food panel;
- blood allergy tests — inhaled allergens panel.

Seasonal flu vaccinations
We offer seasonal flu vaccinations as part of infectious disease prevention (once per calendar year).

The service includes:
- medical consultation before vaccination for 20 PLN;
- vaccine (the medicinal product);
- nursing service (injection).

Additional vaccinations
performing of tetanus vaccination and a single tetanus vaccine, adsorbed.

The service includes:
- medical consultation before vaccination for 20 PLN;
- vaccine (the medicinal product);
- nursing service (injection).

Home visits
(4 per calendar year) priced at 40 PLN per visit.
Medical consultation provided by a doctor of ambulance teams (a doctor providing services for paediatric patients in paediatrics, family medicine and internal medicine), provided at the patient’s place of residence, necessary in view of the Patient’s health condition which makes it impossible for the Patient to get to a medical centre. Home visits include only cases of sudden onset of an illness or sudden exacerbation of medical condition, also exacerbation of chronic conditions, excluding direct life-threatening situations. The purpose of a home visit is to establish the diagnosis and initiate treatment, while treatment continuation and follow-up visits take place at the LUX MED Group’s Medical Centres. In particular, inconvenient transport connections to the medical centre, obtaining a prescription or obtaining a medical certificate
are not circumstances justifying a visit to the Patient's home.

The home visit is a rescue aid service which is granted only on the day it is requested. In the case of a home visit, it is impossible to freely select the doctor. The decision on accepting or refusing a home visit is made by the dispatcher based on the information provided. A single home visit pertains only to one patient.

The service is provided within administrative borders of the towns where the Contractor possesses its own medical centres and in their neighbourhood — the detailed territorial coverage is described at www.luxmed.pl.

Note:
*The service is limited to 4 home visits per calendar year.*

**Free dental examination**
The service includes performing a free dental screening examination once per calendar year.

**10% discount on other services offered by LUX MED Group**
Every package owner is entitled to a 10% discount on all medical services offered by LUX MED Group's own facilities.

**10% discount on medical procedures provided in the LUX MED Hospital**
Every Patient who has taken up the Plan is entitled to a 10% discount on all medical procedures provided in the LUX MED Hospital. Discounts may not be combined.