

SCOPE OF MEDICAL CARE	HEALTHY WOMAN	HEALTHY MAN	HEALTHY MANAGER – WOMAN	HEALTHY MANAGER – MAN
Package price (per year) per person	PLN 800	PLN 600 (under 40) PLN 850 (over 40)	PLN 1300	PLN 1100 (under 40) PLN 1250 (over 40)
Medical history, BMI calculation - nursing activities	✓	✓	✓	✓
Laboratory tests and diagnostic examinations				
ESR	✓	✓	✓	✓
Complete blood count	✓	✓	✓	✓
Glucose	✓	✓	✓	✓
Lipid profile			✓	✓
Cholesterol	✓	✓		
Creatinine			✓	✓
Uric acid			✓	✓
Urea			✓	
Transaminases			✓	✓
PSA		✓ (over 40)		✓ (over 40)
TSH			✓	✓
HBS antigen	✓	✓	✓	✓
HCV	✓	✓	✓	✓
Urinalysis	✓	✓	✓	✓
Faecal occult blood test	✓	✓	✓	✓
Pap test	✓		✓	
Chest X-ray	✓	✓	✓	✓
Bilateral breast ultrasound	✓ (under 40)		✓ (under 40)	
Prostate ultrasound		✓ (over 40)		✓ (over 40)
Mammography	✓ (over 40)		✓ (over 40)	
Abdominal ultrasound	✓	✓	✓	✓
Transvaginal ultrasound			✓	
Rest ECG	✓	✓	✓	✓
Exercise test			✓	✓
ABPM			✓	✓
Echocardiography (cardiac ultrasound)			✓	✓
Consultation – dentist (check-up)	✓	✓	✓	✓
Consultation – urologist		✓ (over 40)		✓ (over 40)
Consultation – gynaecologist	✓		✓	✓
Consultation – cardiologist	✓	✓	✓	✓
Consultation – internist	✓	✓	✓	✓
Total tests	18	15 (under 40) 18 (over 40)	27	23 (under 40) 26 (over 40)